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CANCER, CLIMATE CHANGE AND WORLD HUNGER

By J. Morris Hicks

We lumped these three monster problems together because they are widely recognized as the three most serious issues facing humanity--and they all share a common cause and cure. Cancer is the most-feared of all diseases, climate change exacerbates all of the other environmental issues and world hunger is an ever worsening problem--a stark reminder of the staggering inadequacy of our global feeding model. Let's take a look at each one of these monster problems:

1. Cancer. If only our mainstream authorities would heed the game-changing scientific and clinical findings of T. Colin Campbell, PhD and John Kelly, MD in the two incredibly revealing books shown below, cancer could cease to be our most-feared disease.

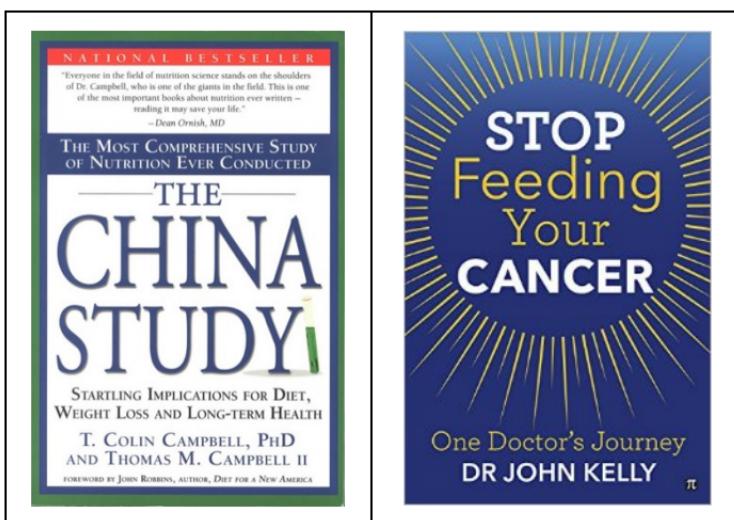
Dr. Campbell provided the scientific foundation in the early nineties and presented his compelling findings in his best-selling 2005 book, *The China Study*. The most alarming information about cancer is that it was strongly associated with the consumption of animal protein. In the lab,

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Campbell was able to “turn cancer on and off,” simply by adjusting the level of animal protein in the diet up or down. (Protein from plants did not have this effect.)

Long before getting to know Colin Campbell, Dr. Kelly read *The China Study* and decided to test out the findings on his cancer patients in Ireland. The results were astounding. By avoiding animal-based foods, almost every patient in many dozens of cases was able to slow, arrest or reverse their disease.

In 2014, he went public with their stories in his powerful book shown here alongside his “source” book by Dr. Campbell. These two books appear on our Reading List in Chapter 33, and I encourage you (and your doctor) to read them both.



In a nutshell, Dr. Kelly has now demonstrated, with human subjects, the same remarkable facts about animal protein and cancer that Dr. Campbell observed in laboratory animals several decades ago.

Hopefully, the entire world will soon learn of the role of diet in promoting or repressing cancer. So far, the authorities in our prominent schools of medicine and nutrition have been disturbingly uninterested. From an online review of Dr. Kelly's book:

“What Kelly has to say about the medical profession, dominated by consultants who rarely look beyond their own highly specialized areas, is telling.

But it is his exposure of the refusal of specialists to take on board this new way of treating cancer--or even to consider it--that makes this such an important book.”

This is Earth-shattering indeed—and ironic; that our *most revered* nutrient has been found guilty of promoting our *most feared* disease.

2. Climate Change is an equally frustrating problem. A giant U.N. study, “Livestock’s Long Shadow,” reported in 2006 that the raising of animals for our dinner tables accounted for 18% of human-induced greenhouse gases (GHG)--more than all of the cars, trucks, buses, trains and airplanes in the world. Yet the silence has been deafening from the world’s most prominent authorities.

Later, two World Bank environmental specialists, Robert Goodland and Jeff Anhang, noted that the 2006 U.N. numbers had not accounted for several significant factors. After undertaking a more unbiased and inclusive approach to the research, they reported that livestock accounted for “at least 51%” of all human-induced GHG. (For the full report, search “Goodland Anhang” on worldwatch.org.)

Of course, 51% would mean that livestock causes more global warming than all other causes combined. Yet, the

frustrating silence from the authorities continues. Even the prominent environmental groups hardly even mention it, because identifying themselves as possibly being “anti-meat” would be harmful to their fundraising. Their silence on such a crucial topic is unconscionable.

3. Finally, there's world hunger. One billion people won't get enough to eat today and 20,000 children will starve to death. This is a topic that has made the headlines for almost a century. Global leaders talk about it and charitable organizations work to alleviate the suffering of the victims, but once again, no one in authority is addressing the number one cause.

Simply stated, in the developed world, we are “eating the wrong food.” It all boils down to 3rd grade arithmetic. We only have enough land and water to feed the Typical Western Diet to less than half of the world's current population.

You see, on a per calorie basis, it takes over ten times as much land and water to produce animal-based foods compared to plant-based. So how have we kept up with growing demand? We've been destroying an average of thirty million acres of rainforest every year since 1970.

There are currently over two billion people whose diet consists of some form of meat, dairy, eggs and/or fish every day. And we're adding millions more each year. This is a deadly trend that must be addressed soon.

Cancer, climate change and world hunger. Amazingly, the primary cause and the best possible solution for all three is one and the same--our food choices. By simply replacing most of our animal-based foods with whole plants, we can take a giant step toward conquering all three of these monster problems in our world.